# Boredom jar slips

Cut along the dashed lines, fold and pop them in a jar. Pull one when you are bored!

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|---|---|
| 1 Build a fort with cushions | 2 Draw your family as animals |
| 3 Make up a dance to one song | 4 Write a letter to a friend |
| 5 Do 20 jumping jacks | 6 Sort your crayons by colour |
| 7 Make a paper boat | 8 Read a book to a soft toy |
| 9 Play I spy | 10 Invent a new sandwich (with permission) |
| 11 Draw a map of your house | 12 Make a puppet from a sock |
| 13 Water the plants | 14 Learn a new knot |
| 15 Build the tallest tower you can | 16 Make a card for someone |
| 17 Count all the windows at home | 18 Do a jigsaw |
| 19 Have a pillow-balance race | 20 Make a tiny house for an ant |

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| 21 Draw what you'll be at 30 | 22 Tidy one drawer |
| 23 Play dumb charades | 24 Make up a story with 3 random objects |
| 25 Fold a paper aeroplane and test it | 26 Do a yoga stretch story |
| 27 Make a family quiz | 28 Play a card game |
| 29 Find 10 things that are round | 30 Write a poem about rain |
| 31 Make a bird water bowl | 32 Draw with your other hand |
| 33 Help in the kitchen | 34 Make a playdough zoo |
| 35 Practise a magic trick | 36 Interview a grandparent |
| 37 Design a new flag | 38 Play hopscotch |
| 39 Make a shaker and play music | 40 Learn 5 words in a new language |

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| 41 Make a comic strip | 42 Sock toss into a bucket |
| 43 Make a bookmark | 44 Plan tomorrow's breakfast |
| 45 Look at old photos | 46 Draw the view from a window |
| 47 Make a treasure hunt | 48 Do a 'how many in a minute' challenge |
| 49 Make a paper chain | 50 Write a list of 10 things you love |
| 51 Act out a favourite story | 52 Build a marble run from tubes |
| 53 Shadow puppets | 54 Teach someone a game |
| 55 Make a mask from paper | 56 Count birds from the balcony |
| 57 Make a new board game | 58 Lie down and listen: name 5 sounds |
| 59 Make a gift from waste | 60 Choose a song and sing it loud |